

Summer Swim Lessons

Registration:

Sat., May 20th 12pm-2pm &
 Wed., May 24th 5-7pm
 @ the pool
 (enter off 131st Street)

**CARL SANDBURG HIGH SCHOOL
 SUMMER 2017 SWIM PROGRAMS**
 Guard Sponsor 708-671-3154 (Carrie Jarosik)
 Pool Phone 708-671-3857

Lessons in a heated, indoor pool.
 No Rain-Outs EVER!

Group Lessons:

For ages: 5-13

Children are placed into small groups according to ability. Students will advance at their own rate of learning. Children stay at a particular station until they can pass the skills test for that particular station.

Choose from 2 class times:

- 11:00am-11:45am
- 12:00pm-12:45pm

Choose from 3 Sessions (8 classes each):

See calendar below

Cost: \$50 Residents \$60 Non-Residents

Private Lessons:

For ages: Infants-Adults

Student will work 1:1 with an instructor and move through the skill levels at one's own pace.

You build your schedule!

Choose from any of the available dates on the calendar below.

Choose from 2 class times:

- 1:05-1:35pm
- 1:40-2:10pm

Cost: \$15 per ½ hour

Aquarobics/Lap Swimming:

For ages: 18 and older

Take an hour break from the stresses of everyday life. Come and enjoy your exercise in the water. Choose from Aquarobics or lap swimming.

Dates: Every Monday and Wednesday beginning June 5th and ending July 19th

Time: 7:00-8:00pm

Cost: \$25 for 10 passes or \$3 at the door



We follow the Standards established by the American Red Cross

JUNE						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4	5	6	7	8	9	10
11	12 session [1]	13 session [1]	14 session [1]	15 session [1]	16	17
18	19 session [1]	20 session [1]	21 session [1]	22 session [1]	23	24
25	26 session [2]	27 session [2]	28 session [2]	29 session [2]	30 session [2]	1
JULY						
2	3	4 Holiday!	5 session [2]	6 session [2]	7 session [2]	8
9	10 session [3]	11 session [3]	12 session [3]	13 session [3]	14	15
16	17 session [3]	18 session [3]	19 session [3]	20 session [3]	21	22
23	24	25	26	27	28	29

OBSERVATION AREA: Parents and guests may watch the lessons from the pool balcony.

Sorry, make-ups are not available for missed classes. Carl Sandburg enforces a strict **NO REFUND POLICY**.

NOTE: THIS ACTIVITY IS NOT SPONSORED BY ORLAND SCHOOL DISTRICT 135 & PALOS SCHOOL DISTRICT 118, OR ANY SCHOOLS OR GROUPS OFFICIALLY ASSOCIATED WITH THESE DISTRICTS.