

Sandburg pride



CARL SANDBURG HIGH SCHOOL NEWSLETTER • DECEMBER 2017



Operation Snowball

Operation Snowball is a district-wide program that allows students to participate in various community-building activities throughout the school year and attend a three-day retreat at Camp Duncan in Ingleside, Illinois, which took place on November 17th – 19th. The retreat focused on leadership skills, healthy choices, self-realization and building strong friendships. Several Sandburg students were part of the teen staff who organized the event. They attended meetings once every other week as a district to plan the three-day Snowball retreat.

2017-2018 School Calendar

Dates to Remember

December

- 20-22 Final Exams (Semester 1)
- 23 Winter Break Begins

January

- 9 Classes Reconvene
- 15 Martin Luther King Day - No School

February

- 19 President's Day - No School

March

- 5 No School
- 6 Parent/Teacher Conferences (no student attendance), 12 PM - 8 PM
- 23 Early Dismissal, 1:00 PM
- 26-30 Spring Break



CONSOLIDATED HIGH SCHOOL DISTRICT 230

Richard Nogal, President
 Melissa Gracias, Vice President
 Susan Dalton, Secretary
 Kate Murphy-Peterson
 Patrick O'Sullivan
 Denis Ryan
 Tony Serratore

Dr. James M. Gay, Superintendent
 Deborah D. Baker, Principal

Sandburg Pride is published by the Consolidated High School District 230 School Board.
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MESSAGE FROM THE PRINCIPAL

Season's Greetings Eagle Families and Friends,

While there have been many benchmarks to assess progress toward the goals that your children have set for themselves since the start of the school year, we now shift into the final exam season and acknowledge that this time of year can be stressful for even the most highly organized teens. Therefore, I share some positive habits of mind that we hope you will emphasize with your children as they prepare for finals:

- *Keep a consistent study schedule because doing so increases retention and reduces anxiety; cramming is actually counterproductive to academic success since, according to UCLA research, "it's this reduced sleep that accounts for the increase in academic problems that occurs after days of increased studying."*
- *Take advantage of the dedicated allocation of period 2 to intervention time only during the month of December.*
- *Lunchtime interventions - Literacy Lab, Science Resource, Social Studies Resource, and Math Resource Centers - are available to assist students when preparing for final exams.*
- *Review the study guides that our staff typically provides. Doing so may help students focus on specific learning targets that are emphasized in the final exams.*
- *Attend evening review sessions that many staff offer. Departmental schedules are posted on our website.*
- *Get exercise - even 20 minutes of brisk walking clears the head and helps to quiet a busy mind.*
- *Take a break from social media.*

Our staff is ready to help students manage the pressures of this time of the school year. One other small but very popular tradition that we intend to repeat is our Hot Chocolate With Baldy Fridays on December 1st, 8th, and 15th. Our students really love this form of recognition and feeling of community.

We appreciate all of the support and encouragement that you have provided to your children - and to us - and thank you in advance for continuing to talk to your children about their plans for final exam preparation. Encouraging your children to verbalize the things that are filling their brains with anxiety helps to reduce their worry.

We look forward to a positive and productive close to our first semester and wish you and your families some great together time over the winter break.

*Warmest regards,
 Deborah D. Baker*



SANDBURG'S ASSISTANT PRINCIPAL EARNS RECOGNITION

Greg Gardner has been selected as Assistant Principal of the Year for the South Cook Region of the Illinois Principals Association. His nomination will now advance to the State level.

Mr. Gardner has earned this recognition, in part, because he has cultivated and amplified a strong belief in student leadership and has created and promoted opportunities that give students voice in making decisions that contribute to the ongoing successes that Carl Sandburg High School enjoys. He is recognized also for his integral role in strengthening connections between and among the



school and the community and for helping to implement new traditions at Sandburg including the opening of the year Sandburgfest, Frosh First Day Spirit Training, and Hot Chocolate with Baldy Fridays in December, to name a few.

Mr. Gardner also serves as Sandburg's liaison to the Orland Park Chamber of Commerce and is currently assisting the coordination of the school's very first "Day of Service" within the Orland community that will take place next March. In addition, he was named this year to represent the Illinois Directors of Student Activities at the IHSA level.

MODEL UN

The Sandburg Model United Nations Team traveled to Chicago on November 4th to attend the SIMUN Model United Nations conference, hosted by St. Ignatius High School. With two busloads of Sandburg delegates participating, Sandburg's MUN team was proud to bring home the **Outstanding Large Delegation Award**. Sandburg delegates helped the shrinking bee population, solved Africa's water crisis, and delved into mental health issues. Additional topics explored both the past and future, and each delegate handled the crises thrown their way with both class and diplomacy.

As aforementioned with the Outstanding Delegation Award, it never would've been made possible without the valiant efforts of each individual delegate participating. **Congratulations to the following individual award recipients:**

- Riddhi Patel** – Best Delegate in ECOSOC
- Sydney Dea** – Best Delegate in UNICEF
- Cassidy Leonard** – Best Delegate in Chicago City Council
- Caroline Aurelio** – Best Delegate in JCC Spanish Empire
- Violet Erikson** – Best Delegate in JCC Star Wars Rebels
- Elizabeth and Alyssa Prisby** – Outstanding Delegates in WHO
- Andrea Rebollido** – Outstanding Delegate in ASEAN
- Savannah Ayala** – Outstanding Delegate in UNEP
- Nessa Trombetta** – Honorable Delegate in UNHCR
- Mike McKeough** – Honorable Delegate in Security Council
- DeLayna Major and Angelica Juliano** – Honorable Delegates in SOCHUM
- Nat Oliven** – Honorable Delegate in SPECPOL



Establishing Homework Strategies

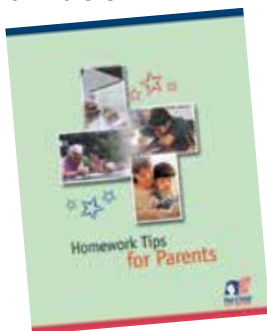
Homework is a valuable part of learning and helps to cement lessons taught in class. Some homework tips:

- Assume that you will have homework every night. Even if you completed your assignments, take time to review them. It's easier to see any errors the second time around. Don't forget to look ahead to long-term assignments like research papers or projects. And if you are fortunate enough to have time during the school day to finish all homework assignments, use your scheduled homework time to develop solid study habits.
- Don't be intimidated by homework. It's like a sporting event, but for your mind. Homework is part of your learning process. If you are having problems with an assignment, check with your teacher or look for free homework help that might be available in our area. Many public libraries offer either a live or online homework service. Tutors are another option.
- Make it a routine. Find a place and set a consistent time for doing homework. The adage states that it takes three weeks to develop a habit. Practice your homework routine and it should become second nature before long.
- Homework is one aspect of your study skills. While homework focuses on a specific assignment, studying goes beyond that to enhance understanding of the concepts and topics taught in class.

Homework Tips For Parents

Parents can help students establish good homework skills. The U.S.

Department of Education has valuable homework tips for parents at www2.ed.gov/parents/academic/involve/homework/index.html.



College Application Deadlines

Seniors, have you met all your college application deadlines? Don't forget to request your official transcript through Parchment. You can find the link on the Sandburg homepage under "Popular Links" entitled "Order Transcripts." If your

college or university requests that score reports from testing agencies be sent directly to them, you will need to visit www.actstudent.org or www.collegeboard.org to order your score reports.

Scholarship Information

Seniors and their parents are reminded to check the scholarship file in the Guidance Office. The list can also be viewed on the Guidance website at <https://sandburg.d230.org/financial-aidscholarships/>. Students should also consider entering

Carl Sandburg's Local Scholarship Competition. Last year, almost 100 scholarships were awarded by school and community organizations! Applications will be available in mid-February.

PSAT/NMSQT Scores

Attention Juniors! Official scores for the October PSAT/NMSQT will be available online on Monday, December 11, 2017. Students must create a College Board account at <https://studentscores.collegeboard.org> to view their official scores. Students who have taken previous AP Exams may already have this account created. Creating a College Board account provides students with many great resources. Students can access their SAT

Suite of Assessment scores, view detailed explanations of skills required to be college ready, send scores to Khan Academy for personalized practice recommendations, search for colleges that fit their needs, access their PSAT/NMSQT Selection Index score that is used for participation in the National Merit Scholarship Corporation, start their scholarship and college financial planning, and get feedback on readiness for AP coursework.

SAT Testing

All Sandburg juniors will be taking the SAT on Tuesday, April 10, 2018 during the school day. This exam can be used for college admission to all colleges and universities. This newly, redesigned test measures a student's achievement in Reading, Writing and Language, and Math. Official FREE, personalized SAT practice can be found using Khan Academy - <https://www.khanacademy.org/sat>. Khan

Academy offers 6 official full-length practice tests, will tailor a student's practice plan based on their PSAT/NMSQT scores, offers thousands of practice questions, and provides constant, instant feedback on progress. All juniors are encouraged to create a Khan Academy account to access this great resource.

AP Exam Registration

Registration for the 2018 AP Exam Administration can be found on the Sandburg Guidance Webpage. Students interested in taking an AP Exam should use the following link to register - www.TotalRegistration.net/AP/143325. The cost for each exam is \$97. Registration will end on February 27, 2018 at 11:59pm. The AP Calendar can be found on the College Board website at - <https://apstudent.collegeboard.org/>.



Class of 2022 Pre-Registration Night & Registration

The Class of 2022 **Pre-Registration Night** will be held on **Monday, January 29, 2018** starting at **7:00pm** in the Eagle Gym. All incoming freshman parents and students are strongly encouraged to attend. Important registration documents will be distributed at this event. Presentations are scheduled to address the registration process. An opportunity for parents and students to meet with division chairs will also be available. This is a very important evening for students and parents.



Registration & Residency will occur on **Saturday, February 3, 2018**. Assigned arrival times will be provided at the Pre-Registration Night on January 29, 2018.

SAT 1600 Test Preparation

Carl Sandburg High School is excited to host Excel Edge for SAT test preparation for the March 1, 2017 assessment. We have coordinated a schedule that allows students to choose either a Tuesday evening or Saturday morning session. Click on the links below for more information.

Online Registration:

November 1 - December 22, 2017 www.exceledegeinc.com

Cost: \$300

Students can also register and pay at the Cashier's Office with a check made out to Carl Sandburg High School.

2018-2019 Course Selection Process

Current Freshmen, Sophomores and Juniors will be meeting individually with their counselors in January to choose their course selections for the 2018-2019 school year. Counselors will visit all Advisory classrooms to distribute all course selection materials and present helpful, important reminders to students. We strongly encourage all students

and their parents to have conversations about the courses they wish to request for the upcoming school year. Please refer to the Course Selection Guide, found under the "About Sandburg" tab on the Sandburg website, for specific information about graduation requirements and course descriptions.

FINAL EXAM SCHEDULE

Semester 1 — 2017-2018 School Year

Day 1 – Wednesday, December 20th

Period 4 8:00 am – 9:40 am **Period 4 Final Exam** (100 min.)

Passing 9:40 am – 9:50 am

Period 5 9:50 am – 11:30 am **Period 5 Final Exam** (100 min.)

Activity buses leave at 11:40 am
Sandburg needs Activity Bus+

Passing 11:30 am – 11:40 am

Period 6 11:40 am. – 1:20 pm **Period 6 Final Exam** (100 min.)

Buses leave campus from regular locations at 1:30 pm
Full Bus Run

Day 2 – Thursday, December 21st

Period 1 8:00 am – 9:40 am **Period 1 Final Exam** (100 min.)

Passing 9:40 am – 9:50 am

Period 8 9:50 am – 11:30 am **Period 8 Final Exam** (100 min.)

Buses leave campus from regular locations at 11:40 am
Full Bus Run

Passing 11:30 am – 11:40 am

Period 0 11:40 am – 1:20 pm **Period 0 Final Exam** (100 min.)

Activity buses leave at 1:30 pm

Day 3 – Friday, December 22nd

Period 3 8:00 am – 9:40 am **Period 3 Final Exam** (100 min.)

Passing 9:40 am – 9:50 am

Period 7 9:50 am – 11:30 am **Period 7 Final Exam** (100 min.)

Buses leave campus from regular locations at 11:40 am
Full Bus Run

Passing 11:30 am – 11:40 am

Make-Up Time 11:40 am – 1:20 pm **Make-Up Time** (100 min.)

Activity buses leave at 1:30 pm

Co-Curriculars 1:30 pm start 6:00 pm Activity Bus

Make-Up Time:

On **Day 3** teachers are available from **11:40 am to 1:20 pm** to allow students to make up final exams and/or make up missing work.

Teachers will announce to their students where they will be located during Make-Up Time.

Interested In A Career In Cosmetology?

District 230 students have the opportunity to enroll in the Cosmetology training program during their senior year. Students need to apply to be accepted into the program. Classes are conducted at Hair Professionals College in Palos Hills.

Students interested in a career in Hair Care can start the 1500 hour Illinois state certified program either in June or August. Students attend basic classes for the first part of the program and then advance to working with clients on the salon floor. After graduating from high school, most students complete the required hours by December, take their state boards and start looking for a job.

Interested students need to apply for the program through the Guidance Office. Applications are available in the Guidance Office or contact Mrs. Wendt ewendt@d230.org for a copy. All applications need to be submitted to his/her guidance counselor and approved by the district instructor and Guidance Department.

This CTE program is one of the many career-ready offerings our district has to help prepare students for the future.

NEWS FROM THE NURSE'S OFFICE

All students entering 12th grade in the State of Illinois are required to have proof of having received one dose of **Meningococcal vaccine on or after their 16th birthday.**

Proof of having received the Meningococcal vaccine is required and should be submitted to the School Nurse as soon as the vaccine is given.

Your student's healthcare provider should complete either the form mailed to you with your student's first semester report card. (This form can also be found on the Nurse's webpage) or provide their own documentation that this vaccination requirement is completed. The verification can be:

- Dropped off in the Nurse's Office
- Mailed to Carl Sandburg High School, Attention: Nurse's Office
- Scanned and emailed to the Nurse's Office at ncassidy@d230.org, OR
- Faxed to the Nurse at 708/737-7721

It is important to note that your child will not receive a schedule, participate in athletics or apply for a parking pass in the 2018-2019 school year **until documentation of having the vaccine is received in the Nurse's Office.**

If you have any questions, please contact the Nurse's Office at 708/671-3118.

MUSIC DEPARTMENT

Congratulations to the students listed below who were selected as Illinois Music Education All-District Musicians. These students were selected from over 2000 students who auditioned from the city of Chicago and the west and southwest suburban area. In Jazz, Seth Blitstein was selected for trumpet in Jazz Ensemble I. In Choir, Olivia Crane, Mac Harlin, Maria Krause, Myka Padilla, Shannon Haggerty, Thais Kolganov, Josefermando Marquez, Ellie Rybak, Benedict Sales, Maddie

Schott, Jenna Shaheen, Hannah Sullivan, and Leah Vithoukas were selected as ILMEA District Choir Members. They joined Emma Hurley, Emily Murray, Ryan O'Neal, Aidan Tylka, Louis Vacha and Mikey Harms in Orchestra and Andy Lopez, Nick Walzel, Katie Kuser and Mike Ring in Band in achieving the honor of ILMEA distinction. Congratulations to all of our Illinois Music Education Association All-District Musicians!

PERFECT ACT SCORE

Junior, Aristotle Vainikos, has earned the highest possible ACT composite score of 36. On average, only around one-tenth of 1% of all test takers earn the top score. Congratulations Aristotle!



Thank You

Dan McMillan and Martin and April Giblin have made generous contributions that have been accepted by the School Board to support our school during first semester!

PFSA

SPIRIT WEAR:

Please consider helping us with Spiritwear Sales in January/February. It's a busy few weeks for us as the class of 2022 make their way to Sandburg for Pre-registration Night (Monday, January 29th evening) and Registration (Saturday, February 3rd all day). We will be sending an electronic signup closer to the dates so if you are available, pencil us in! Any questions regarding spirit wear should be emailed to Christy and Janet at spiritwear@sandburgpfsa.org.

MEMBERSHIP:

Thank you to the many families who have joined our organization this year. Your continued support allows us to award senior scholarships and to contribute to a variety of Sandburg clubs and activities. In order for your student to qualify for a Senior Scholarship, your family must become a member of the PFSA every year your son or daughter attends Sandburg. Membership can be paid online by "adding a fee" in

Skyward or we can email you a form. Annual membership dues are \$10 per family, with a deadline of March 1, 2018. Please submit the completed form, along with your payment, to the Main Office or to a board member at one of our Spirit Wear sales. If you are unsure if you have already joined or need a membership form, please email info@sandburgpfsa.org and we will verify.

CONNECT WITH PFSA...

PFSA is sharing happenings from our Sandburg community. "Like" us - Facebook. [com/sandburgpfsa](https://www.facebook.com/sandburgpfsa) and "Follow" us on twitter - @SandburgPFSA. If you are a PFSA Member and have not been receiving emails from the PFSA and would like to do so, please email your contact information to info@sandburgpfsa.org. Don't miss out on information, take time to get connected.

PFSA BOARD MEMBERS:

There are also still several opportunities to serve on committees within the PFSA

this year. Now is a great time to shadow a current member so you can be prepared for next year. We would love to have you. It is both fun and rewarding to be a part of your student's high school experience. Please feel free to share any ideas, questions, or comments directly with our officers. Their email addresses are: president@sandburgpfsa.org (Brigid Carey), presidetelect@sandburgpfsa.org (Tara Davis), treasurer@sandburgpfsa.org (Natalie Dudek), and secretary@sandburgpfsa.org (Janet MacInnis).

MEETING DATES:

Our next meeting will be held on Tuesday, January 9, at 7:00 pm. Please join us in the Community Room. The remaining 2017-18 Meeting dates are: March 13, and May 1. We are always looking for input and volunteers so please consider attending. It's a great way to keep up on what's going on at Sandburg. We look forward to seeing you there!

ATHLETIC BOOSTERS

The Athletic Boosters Board with sincere gratitude, would like to **thank** all of our parents, athletes, volunteers and Sandburg staff that helped make the 2017 Craft Show a huge success.

Thanks to everyone who brought in "goodies" to sell at our bake sale or made a donation, that too was a victory!

Finally, we would like to thank our Craft Show Coordinator, Chrisee Goodman, VP of the Craft Show and Peggy Schout, VP, making sure this year's show ran smoothly and efficiently. With their leadership, this show was amazing. We broke all previous records set in any craft show at Carl Sandburg! The Craft Show is our biggest fundraiser of the year, and the dollars raised helps supplement the Athletic Departments budget.

Winter sports are up and running, Boys and Girls Basketball, Boys and Girls Bowling, Girls Gymnastics, Boys Swimming / Diving,

Boys Wrestling, Cheerleaders, Poms and Trainers are hard at work. Take some time out of your daily schedule and come cheer on our Eagles! Believe me they love to see you in the stands!

The Winter Sports Ad Book is available for purchase--look for it at all of our winter sports events. The Spring Sports Ad Book is now accepting ads. Please contact Tom Freyer at tfreyer@d230.org if you know any business that would like to advertise.

Those who haven't already joined the Athletic Boosters - there is still time to do so. Make checks out to CSHS Athletic Boosters - \$10.00 per family. Contact Jackie McShane at jmcs0407@comcast.net with any questions.

Seniors must be members to be eligible for the Athletic scholarships awarded in the spring. Athletes need to be members of the Athletic Booster Club each year the student

athlete is on a team to be eligible for the Athletic Booster scholarships.

The Boosters wish you and your family a wonderful holiday season and a happy and healthy New Year.

We look forward to seeing you at our Booster Club meetings held the second Wednesday of each month at 7:00 p.m. in Room E113-115. Our next meeting is January 10, 2018 (we do not have a meeting in December). We hope to see you there.

Please contact Mike Probasco at mprobasco@palos118.org with any questions.

Go Eagles!



SENIOR PARTY 2018

"Good Vibes, High Fives and Bye Bye Bye"

On Saturday, May 19, 2018 the seniors will be celebrating at their Senior Party, an over 30 year tradition!! The seniors voted in early October on their theme via Twitter and through an email blast sent out to all seniors. "Good Vibes, High Fives and Bye Bye Bye" won and is the theme for this year's annual extravaganza. However, there are still many seniors that are unaware that there will even be a party at the end of the school year to celebrate their accomplishments before graduation. The party will take place at **Sandburg from 7 pm until 12 am** on that evening. EVERY graduating senior in the Class of 2018 is invited and encouraged to attend this fun-filled and memorable event!

Thank you to all who attend our monthly meetings. Although, all committee chairs have been chosen, we still need the assistance of other parents to help make this night a successful and memorable event for the Senior Class. We invite all interested parents to attend our monthly meetings to keep up with the planning process. Times and dates are posted on the *Party 2018* page on the Sandburg website under *Parent Organizations*. Our next meeting will be **January 10th at 6:30 pm in Room S099/ S102**. At this meeting we will be in need of a lot of volunteers to help fold and stuff envelopes for our first big mailing.

The mailing in January will include raffle

tickets and specific party information for all seniors. Each senior will receive a book of 10 raffle TICKETS for \$10 each for a chance to win valuable prizes. We hope to have 100% participation from the Senior Class!

This GRAND RAFFLE is our LARGEST fundraising opportunity and if all seniors sell their tickets it will ensure a fantastic party! If a senior sells ALL 10 TICKETS, they will earn a FREE party ticket AND an entry to a separate raffle to win a FREE TV. As an added incentive for each *additional* book of 10 raffle tickets sold, each student will get an additional entry into this FREE TV raffle. We ask that after receiving the mailing you turn in **ALL raffle tickets whether sold or not along with that money**. Party tickets will be sold or can be picked up if a FREE ticket was earned sometime in May during all lunch periods. Along with the raffle tickets and raffle money we ask you to also send back the completed *FREE ticket form* and *t-shirt order form* along with the t-shirt money in the included return envelope. We accept cash or check made payable to *Sandburg Senior Party 2018*. **Please note that raffle ticket money and t-shirt money can be included on 1 check.**

If anyone would like to make a **cash or prize donation**, please contact **Gina Pelegrino** at chapstknut@aol.com. We are also accepting **food donations** for the party as well.

THANK YOU SO MUCH!

MUSIC BOOSTERS

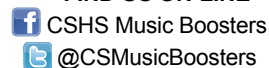
It's December, so be sure to mark your calendars for the annual Holiday Concert. This year's event will take place on Saturday, December 9. As usual, there will be two concerts with a musical interlude in between. That allows time for holiday shopping! Music Boosters will have a table set up in the PAC Foyer with Spirit Wear and other items. You can also check your membership status and complete your fundraising requirement if you haven't done so yet. "Cash Raffle" Tickets will also be available for purchase.

Speaking of jazz, the Sandburg jazz ensembles are entering their busy season. The Jazz 1 Band will perform on December 12 at the Jazz Showcase, 806 S. Plymouth Court, Chicago, Illinois. Don't miss the Winter Jazz Concert on Wednesday, January 17, 2018 and mark your calendar for Sandburg's Jazz Dinner Dance on February 2, 2018; details will be announced soon.

Tis the season for the Choir and Quartet Furioso to be out and about creating beautiful music. The Orchestra Jr. High tour is scheduled for Tuesday, December 5. Looking for more information, please contact Ms. Nicki Denofrio or Dr. Linda Nussbaum.

Please join us at the Music Boosters meeting on Tuesday, January 16, 2018. Meetings begin at 7 p.m. in Room 113-115.

FIND US ON-LINE



CSHS Music Boosters

@CSMusicBoosters

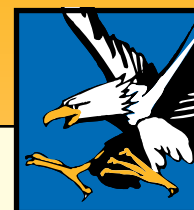


CARL SANDBURG HIGH SCHOOL

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<http://sandburg.d230.org>

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WHAT'S AHEAD AT SANDBURG December 2017



FINAL EXAMS

December 20th, 21st, and 22nd

[Exam Schedule Link](#)

IMPORTANT DATES

Tuesday, December 12th - Dance 2 Showcase - 7:00 pm PAC

Saturday, December 9th - Holiday Concert - 6:00 pm and 8:30 pm PAC

Friday & Saturday, December 15th & 16th - Holiday Show - 7:00 pm PAC

Thursday, December 21st - School Board Meeting - 7:00 pm E113/E115

Tuesday, January 9th - Classes Resume - 8:00 am

[Event Calendar Link](#)

GUIDANCE RESOURCES

2018-19 Course Registration - Begins January - [Course Catalog Link](#)

2018-2019 FAFSA on the Web - Now Open

AP Exam Online Registration - Now Open

[Guidance Link](#)

RESOURCES

College Board (AP Testing Info) – [AP College Board](#)

Free College Planning Resource – [Financial Fit Link](#)

SANDBURG LINKS

[Athletics](#)

[Guidance](#)

[Sandburg Website](#)

[Sandburg Facebook](#)

[Sandburg Twitter](#)

[Event Calendar Link](#)

*Live links found at Sandburg.d230.org

