

Class of 2022/Transfer Students

MANDATORY HEALTH REQUIREMENTS

CHECKLIST

Check when Complete	Event	Timeline
	<p style="text-align: center;">Pink Emergency Information Sheet</p> <p>This form should be completed and turned in at your registration.</p>	2/3/18
	<p style="text-align: center;">Certificate of Child Health Exam</p> <p><i>State of Illinois form must be completed and signed by a licensed physician, APN, or PA. This requirement applies to transfer students also. Note: Obtaining a copy of your child's 6th grade physical may help your physician complete the immunization section of this form. Form MUST show the following immunizations:</i></p> <ul style="list-style-type: none"> ● Tetanus Diphtheria, Pertussis series with Tdap booster ● Two (2) doses of measles, mumps, rubella vaccine (MMR) – 1st dose having been given on or after the 1st birthday ● Polio vaccine series with booster given on or after the 4th birthday ● Two (2) doses of varicella vaccine (the 1st dose having been given on or after the 1st birthday) ● Three (3) doses of Hepatitis B according to the required schedule ● One dose of Meningococcal vaccine on or after 11th birthday for freshman ● One dose of Meningococcal vaccine on or after the 16th birthday for incoming seniors. 	5/24/18
	Parents/Guardians will complete and sign the Health History section on the back of the physical form. Incomplete or unsigned forms will be returned.	5/24/18
	An Asthma Action Plan is required from the doctor for all asthmatic students.	5/24/18
	Make a copy of the completed health exam form for your records.	5/24/18
	Deliver or mail the completed form to Carl Sandburg High School, 13300 South LaGrange Road, Orland Park, IL, 60462, Attention: Nurse's Office or FAX to Nancy Cassidy, RN, at 708-737-7721 or email to ncassidy@d230.org.	As soon as complete
	<p style="text-align: center;">SPORTS PHYSICALS</p> <p>Freshman physicals dated after 5/1/18 will satisfy both district and athletic department requirements for the entire 2018-2019 school year.</p> <p style="text-align: center;">Athletes do not need a separate sports physical for their freshman year.</p>	X
	<p style="text-align: center;">Dental Examinations</p> <p>Strongly recommended but not required for entrance into school.</p>	Recommended
	<p style="text-align: center;">State of Illinois Eye Examination Report</p> <p>Required for students entering the Illinois School System for the first time.</p>	If applicable

Orland Township (708/403-4222) provides immunization clinics and physical examinations. Palos residents can contact Palos Township Clinic for similar services at 708/598-2441.

All forms are available at <https://sandburg.d230.org/resources/nurses-office/>
Contact Nancy Cassidy, RN, at ncassidy@d230.org with any questions. (FAX #708-737-7721)